



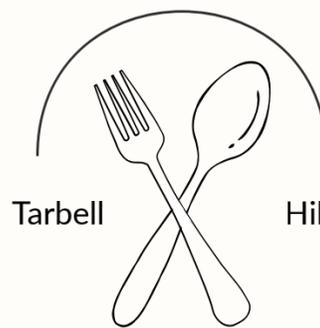
# March

*Eat to Empower is a community dining initiative benefiting the Mountain Lake Services Foundation. Throughout March, participating restaurants donate proceeds from featured items to support inclusive programs, advocacy, and opportunities for people with developmental disabilities. When you dine out, you're helping create access, independence, and opportunity in our community.*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
622 Tarbell Hill Eatery	1	2	3	4	5	6
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

# 2026

622



Eatery

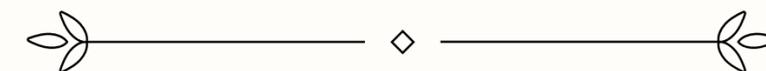
*is proud to partner with the Mountain Lake Services Foundation during Developmental Disabilities Awareness Month.*

## Featured Dishes

Quesadilla

Arroz Con Pollo

*25% of Proceeds Support the Mountain Lake Services Foundation March 1-18*



*Your meal makes a difference in promoting independence, inclusion, and opportunity for individuals with developmental disabilities.*

Learn how you can continue supporting inclusive programs and strengthen community connections across Essex County beyond tonight by visiting:  
[www.mlFOUNDATION.org](http://www.mlFOUNDATION.org)

*Inclusion | Opportunity | Community*